

# Barley Salad

## **Ingredients**

½ cup fresh orange juice

½ cup olive oil

Salt to taste

4 cups cooked barley

1 head of julienne fennel

¼ cup toasted pine nuts

½ cup dry grated cheese

4 strips bacon crumbled

2 tablespoons chopped parsley

Freshly ground pepper to taste

## **Directions**

**Dressing** – In a small bowl, whisk orange juice with salt then add olive oil creating vinaigrette. Set aside.

In a larger bowl combine barley, fennel, pine nuts, cheese and parsley.

Add dressing. Add salt and pepper to taste. Toss gently. The salad can be served at room temperature or it can be cooled in the refrigerator.



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